

January 2025

The Council of Graduate Students (COGS) is pleased to announce a new initiative! COGS Graduate Resource Series, presented by the Graduate Welfare Committee, will connect graduate & professional students with vital campus resources through informal, expert discussions, providing insights, Q&A opportunities, and practical guidance for student success and well-being.

All sessions will be held virtually via Zoom. Sessions and Zoom info are listed below. More information and updates will be posted on the <u>COGS website</u>/events page. Please register.

REGISTER HERE: https://msu.co1.gualtrics.com/ife/form/SV bplcwp1EaFo9XsG

REGISTRATIONS ARE STRONGLY RECOMMENDED. You will receive the Zoom links & reminders after registration.

ALL SESSIONS ARE ON TUESDAYS FROM 2PM-3PM EST. Join Via Zoom link. *Please make sure to use your MSU Net ID to log in to each meeting!

• Feb. 4th (2-3PM EST): Features Lance Sharp, Associate Director, Office of Spartan Experiences

Zoom: https://msu.zoom.us/j/96127550397

Lance will discuss all things student orgs and lnvolve@State. The INVOLVE platform is your one-stop resource at MSU for all Registered Student Organizations on campus. If you belong to a GSO/student group on campus or in your dept. or are interested in forming/joining one, this is for you!

 Feb. 11th (2-3PM EST): Features John Garcia, Graduate Student Aid Coordinator from The Office of Financial Aid Zoom: https://msu.zoom.us/j/96626097603

John Garcia works with departments, including the Graduate School, on fellowships, presentations, and individual student concerns and issues related to loans, cost of attendance requests and financial planning. John is an expert in graduate/professional student financial aid and an invaluable resource here at MSU! Don't miss this one!

• Feb. 18th (2-3PM EST): Features Dr. Shannon Lyn Burton, University Ombudsperson.

Zoom: https://msu.zoom.us/j/92877084060

Dr. Burton will discuss the role of the office of the <u>Ombudsperson</u>, which is a confidential, safe space to discuss both academic and nonacademic concerns. She'll explain how you can utilize their services and answer your questions.

• Feb. 25th (2-3PM): Features Taylor Unrath, lead HR from MSU Human Resources for student and graduate assistant health insurance plans.

Zoom: https://msu.zoom.us/meeting/register/f4PysTHUTL-pGgf9FAZQtw

Get help navigating the often-confusing world of health insurance and learn where you can go to find answers when you have questions.

• March 11th (2-3PM): Features Kim Steed-Page, Director of the MSU <u>Student Parent Resource Center</u> and her team.

Zoom: https://msu.zoom.us/j/9173308225?omn=9219123329

If you are a student who is also juggling responsibilities as a parent, this session is for you!

We hope you find this series informative! If you have questions, please contact us via email at office@cogs.msu.edu. Be sure to keep up to date on these and all COGS events on our website here: cogs.msu.edu/upcoming-events/