

REGISTER TODAY

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3RD ANNUAL MSU WORKLIFE CONFERENCE

BUILDING COMMUNITY IN A CULTURE OF CHANGE

Tuesday, October 16, 2018

8:00AM-12:30PM

MSU Union Building, Lake Huron Room
(3rd floor)

It's easy to get swept up in the whirlwind of change and transitions. At this conference, we will examine the important roles of trust and community in strengthening our foundation in a culture of change. Each of us can contribute to breaking down barriers and building a connected workplace.

Learn tools for: Navigating change and difficult climates; Strategies for taking calculated risks; Connecting with colleagues to build trusting collaborations.

KEYNOTE SPEAKER:

Dr. Michele Williams, Assistant Professor, Tippie College of Business, University of Iowa

FREE AND OPEN TO ALL, REGISTER BY OCTOBER 5.



WorkLife Office
MICHIGAN STATE UNIVERSITY

Questions? Contact the WorkLife Office
at (517) 353-1635 or worklife@msu.edu.

REFLECT & CONNECT

NAVIGATING LIFE AND WORK EFFECTIVELY IN CHALLENGING TIMES

The Reflect & Connect series provides an opportunity for MSU faculty and staff to come together to examine the personal and professional impacts of contemporary national and global events/tragedies and provides a space to explore best self-care/work-effectiveness strategies.

"Compassionate Care in Challenging Times"

Friday, September 21, 2018, 11:30am-1:00pm

Kellogg Hotel & Conference Center, Room 61

(Please park in Brody or Jenison lots to avoid fee in Kellogg parking ramp)

In our various roles and responsibilities at MSU, we are often called upon to be with people having "hard moments," including crisis, trauma, or struggling with major academic, work, or personal hardships. How do we make space for such pain and still be OK ourselves? We will be gathering to explore this question and other related topics such as:

- What do people in crisis need most from us?
- What skills do we need to do this job well?
- What are some common pitfalls and mistakes we make when in service to others?

Co-facilitators: Lisa Laughman, MSU Employee Assistance Program & Lydia Weiss, WorkLife Office.

RSVP requested (but not required) to the MSU WorkLife Office at worklife@msu.edu or (517) 353-1635.

Co-sponsored by MSU Office of the University Physician-Employee Assistance Program, Office for Inclusion and Intercultural Initiatives, and WorkLife Office, and Center for Service-Learning and Civic Engagement.